The function $f(x) = \frac{5}{x^6}$ is continuous, positive, and decreasing on $[1, \infty)$, so the Integral Test applies.

$$\int_{1}^{\infty} \frac{5}{x^{6}} dx = \lim_{t \to \infty} \int_{1}^{t} 5x^{-6} dx = \lim_{t \to \infty} 5\left[\frac{x^{-5}}{-5}\right]_{1}^{t} = \lim_{t \to \infty} 5\left(-\frac{1}{5t^{5}} + \frac{1}{5}\right) = 1.$$

Since this improper integral is convergent, the series $\sum_{n=1}^{\infty} \frac{5}{n^6}$ is also convergent by the Integral Test.